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‘What we saw today was an attack on the values of our republic’

— Mayor of Paris, Anne Hidalgo, addresses a city undaunted after terrorist attack on newspaper

• SUSPECTS IDENTIFIED • SATIRISTS FIGHT BACK • CANADA STANDS WITH FRANCE — PAGES 8 & 9

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NEWS 1

City can't keep building budgets this way: Mayor

'Very, very difficult.' Bowman seeking new revenue model and system for public input

COLIN FAST
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After spending days hunkered down with city officials going over budget documents, Mayor Brian Bowman had one key message for taxpayers and other levels of government: "Something's gotta give."

Speaking to reporters on Wednesday, Bowman warned "it's going to be a very, very difficult budget," with requests for funding far outpacing what's in the city's piggy bank.

While he wouldn't tip his hand as to what services, if any, might be on the chopping block, Bowman did make it clear he's serious about a campaign pledge to get a bigger share of provincial sales-tax revenue.

"Right now we're relying on a very antiquated form of taxation in property taxes, and something's gotta give at some point if we're going to have the money to pay for things like water treatment plants, snow removal and all the services Winnipeggers expect," he said.

"I'd welcome input from the (NDP) leadership contenders on how the city could be best funded to meet the demands and needs," he added.

In addition to looking at a new revenue model, Bowman promised the budget process itself would change in future years, with more opportunities for public input.

"There's some very innovative cities out there that are doing budgets in a different way than Winnipeg, and we're going to make improvements," he said.

Audits

Bowman wants to know what changes the city has made to its procedures following a series of scathing audits in the past two years.

- He put forward a motion at Wednesday's executive policy committee meeting requiring the city auditor to provide a progress report this month.

Mayor Brian Bowman says the city is facing a difficult budget this year. BERNICE PONTANILLA/METRO

Maverick MP will not seek re-election

Rod Bruinooge with his family. CONTRIBUTED

Winnipeg South MP Rod Bruinooge says he will not seek re-election this fall, saying he wants to spend more time with his young family.

The Métis MP says in a statement that the loss of a close family member over the Christmas holidays led to his decision to spend more time at home.

Bruinooge has held the riding since 2006 when he defeated Liberal stalwart Reg Alcock by just over 100 votes.

Bruinooge was chairman of a parliamentary caucus that sought to rekindle the abortion debate and bring what he called "more value" to the lives of unborn children.

He spoke out shortly after abortion provider Henry Morgentaler was awarded the Order of Canada in 2008, calling it "reprehensible."

In his statement, Bruinooge said he is proud of his work, particularly as parliamentary secretary for Indian Affairs from 2006 to 2008.

"I am proud of the accomplishments in my career and especially thankful to have been involved in extending the Canadian Human Rights Act to First Nations people on reserve and the historic apology by Canada to the survivors of the residential schools," he said.

The federal ethics commissioner is currently probing Bruinooge over allegations he violated conflict-of-interest rules to support a political app he is developing.

The allegations say Bruinooge and Saskatchewan MP Rob Clarke violated ethics rules when they voted for the Fair Elections Act, which would make the app more enticing to other political campaigns. **ELISHA DACEY/METRO, WITH FILES FROM THE CANADIAN PRESS**

Elmwood

Loaded sawed-off shotgun found during home raid

A man is facing charges after police found a loaded shotgun during a raid at an Elmwood home.

The sawed-off 12-gauge shotgun was found with a rifle scope and ammunition while officers raided a home in the 400 block of Nairn Avenue on Monday. Investigators believe the weapon was stolen from a Winnipeg home in January 2014.

Kyle Joseph Kostiuk, 25, of Winnipeg, faces a number of weapons-related charges. **METRO**

Transcona

Police say driver led them on chase after traffic stop

Police are saying a Winnipeg man led them on a chase through Transcona early Wednesday.

The chase began shortly after midnight when the driver of a Chevrolet Uplander was stopped near Nairn Avenue and Panet Road for having suspended insurance documentation.

Police say the minivan sped off as an officer approached the driver's side window.

The driver allegedly hit excessive speeds and disobeyed a number of traffic signals before being stopped and arrested near Gables Court and Kildare Avenue East.

Marc Allen Sweet, 35, is facing a long list of charges, including driving while ability impaired, flight while being pursued by a peace officer, and driving while disqualified. **METRO**

What's in a name? Council mulls numbers for wards

Should the city's alphabet soup of ward names be replaced by numbers instead?

That was one of the ideas suggested Wednesday as executive policy committee considered a request by Coun. Scott Gillingham to add "Weston" to the name of his St. James-Brooklands ward.

But with 236 different neighbourhoods throughout the city, and multiple councillors wanting to make name changes, EPC decided to refer the matter to council's governance committee for a more thorough review

The number system — which is used in many other cities — was floated by Coun. Jeff Browaty, who said having ward names that don't match neighbourhoods is confusing some residents.

"I've knocked on doors saying I'm the councillor for North Kildonan and had people tell me they don't live there, so it's a bit of a problem," explained Browaty, whose North Kildonan ward would be retitled "Kilcona Park–Springfield North–Springfield South–McLeod Industrial–Rossmere–Kildonan Drive–Valhalla" if all its individual neighbourhoods were recognized.

In addition to Gillingham's request, Coun. Marty Morantz wants to tack "Whyte Ridge" on to the Charleswood–Tuxedo ward, and Coun. Janice Lukes pointed out her St. Norbert district contains large sections of St. Vital and Waverley West.

COLIN FAST/FOR METRO

Name game

A complete overhaul of ward names and borders isn't required until 2019, but council has the option of forming a Ward Boundaries Commission at any time if it sees the need.

Journey to Churchill. Inuit art goes on display

The world's largest public collection of contemporary art can now be seen alongside Hudson, Aurora, Storm and Kaska at the Journey to Churchill exhibit.

Starting this week, an ongoing, rotating display of sculptures from the Winnipeg Art Gallery's more than 13,000 pieces of Inuit art is on display in the exhibit's Arctic building at the Assiniboine Park Zoo.

"The WAG is proud to partner with the Assiniboine Park Conservancy to highlight carvings from our world-renowned collection," said WAG director and CEO Dr. Stephen Borys in a release.

The WAG said plans are also underway to create an Inuit Art Centre next to its existing gallery on Memorial Boulevard at St. Mary Avenue. METRO

Arctic spotlight

"With this magnificent exhibition of Inuit art and the Journey to Churchill exhibit, the Arctic is at the forefront of conversation now more than ever in Winnipeg."

WAG director and CEO Dr. Stephen Borys

Impaired driving

Checkstop program numbers released

More than 40 Winnipeggers are facing a court date after earning impaired driving charges during the police Festive Season Checkstop Program.

In all, 2,229 vehicles were stopped during the month-long push to nab drunk drivers and 233 tests were given. Forty-five drivers were charged with impaired driving or refusing the test and 33 had their licences suspended for 24 hours.

Police said the highest blood alcohol concentration they saw was 310 mg and the lowest was 60 mg. The average came in at 143 mg.

Of those facing impaired charges 39 were men and six were women, and the age of those charged ranged from 38 to 69.

Nine other arrests were made and 200 other provincial offence notices were doled out over the month.

Police expect to release the full list of those caught once all charges are formally laid. METRO

Winnipeg folk band The Duhks is back with Beyond the Blue, its first album in six years. HANDOUT

The mighty Duhks return to Winnipeg

Semi-hiatus over. Local folk band's hometown celebration to showcase new album and lineup, including original vocalist Jessee Havey

JARED STORY
winnipeg@metronews.ca

It's the middle of the winter, but The Duhks are back.

After a semi-hiatus and a multitude of lineup changes, the Winnipeg folk band has returned with Beyond the Blue, its first album in six years.

Beyond the Blue, released in June on Compass Records, also marks the return of original Duhks vocalist Jessee Havey, who left the band in 2007 and hasn't appeared on a Duhks album since 2006's Migrations. Former Duhk Sarah Dugas sang on 2008's Fast Paced World.

Coming off a long tour, The Duhks will hold a hometown celebration of Beyond the Blue Thursday at the West End Cultural Centre. Duhks founder and clawhammer banjo player Leonard Podolak said he's stoked to show off his new band, which, in addition to Havey, includes percussionist Kevin Garcia, guitarist Colin Savoie-Levac and fiddler Anna Lindblad, who hail from Detroit, Quebec and Sweden, respectively.

"It's going to be really exciting to bring the new band to Winnipeg for the first time," Podolak said. "I grew up in this city. I've played at the West End Cultural Centre for 20 years."

One song from Beyond the Blue that Podolak is particularly excited to show off is Black Mountain Lullaby, a protest song written by American folk singer Caroline Herring. The song tells the true story of a three-year-old boy who in 2004 was killed in bed in Virginia when a 1,000-pound boulder, dislodged by a bulldozer at a strip mining operation, crashed through his family's trailer.

Show details

The Duhks play Thursday at the West End Cultural Centre. Tickets are $22 at the WECC, Music Trader, Winnipeg Folk Festival Music Store and Ticketmaster (plus fees) or $27 at the door. Showtime is 8 p.m.

Second life for city's furlough program

As quietly as it was killed, a popular program that gives city staff unpaid days off has been revived.

In November, councillors were surprised to learn the civic administration had cancelled the voluntary furlough program, which had saved the city between $180,000 and $650,000 in annual labour costs since it was first introduced in 1997.

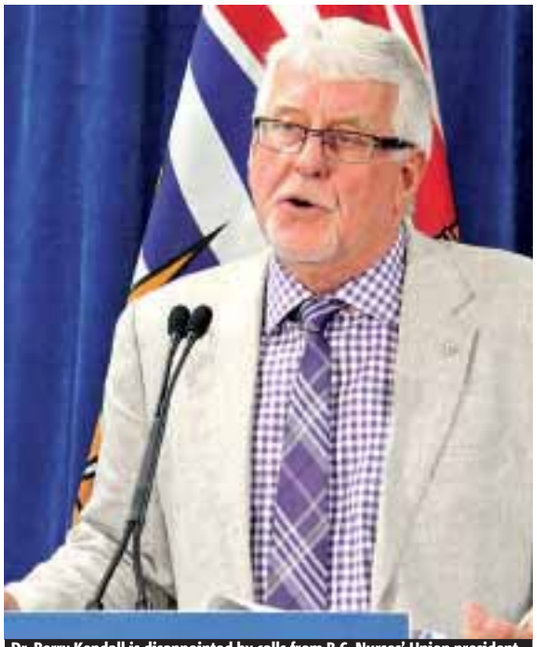
A report to the finance committee said the decision was made because "the public service was finding it increasingly difficult to deliver their services to citizens while supporting employee requests for additional days off work."

Mike Davidson, president of CUPE Local 500, agreed with that assessment. "We don't have the staff to be able to offer that type of practice anymore," he said at the time.

But Metro has learned the program has been offered again for 2015, thanks to a request from finance chairman Marty Morantz.

"I'm very pleased they brought it back, and from my understanding people working at the city are happy they have access to it again," he said. "So in terms of morale, it's a very good news story."

The program allows staff to apply for up to 10 extra days off per year without pay. The city is still compiling data on how many days were requested and approved, but Morantz said he expects savings will be close to $180,000. COLIN FAST/FOR METRO, WITH FILES FROM BERNICE PONTANILLA



Dr. Perry Kendall is disappointed by calls from B.C. Nurses' Union president Gayle Duteil for the province to revise a health-care worker flu-shot policy because the vaccine is less effective this year. MATT KIELTYKA/METRO FILE

B.C. top doc defends flu shot policy

Effectiveness. Chief medical officer calls argument of nurses union chief 'illogical'

THANDI FLETCHER
Metro in Vancouver

British Columbia's top doctor is speaking out against calls from the B.C. Nurses' Union to revise the province's mandatory flu-shot or mask policy for health-care workers.

Chief medical officer Dr. Perry Kendall says he is "disappointed" by calls from union president Gayle Duteil for the government to change the policy, especially when the circulating H3N2 strain is hitting seniors so hard.

"It makes no sense to me," Kendall told Metro. "We should be doing everything in our power as health-care workers to protect those vulnerable people."

The policy was launched by the B.C. government in 2012, making it mandatory for health-care workers at publicly funded facilities to get a flu shot or wear a mask to help protect patients. Similar policies are in place in more than a dozen hospitals in Ontario and a health authority in New Brunswick.

Duteil's comments come as influenza is hitting Canada hard this year due to a virus that has "genetically drifted" from the H3N2 strain covered by this year's vaccine. As a result, this year's flu shot offers an estimated 40 per cent protection instead of the typical 80 per cent.

While the union supports immunization, Duteil said health-care workers should be able to rely on frequent hand washing to prevent the spread of illness.

"It's about choice, and now that we know that vaccination is even less effective in preventing flu, forcing nurses to get one doesn't make sense," she said.

Kendall called Duteil's statement "illogical."

"I would rather have 40 per cent protection than zero protection," he said. "Ideally, we would have a vaccine that provided really high levels ... (but) we don't have one of those yet. The one we've got now is still the best we can use."

Natural gas

Energy East pipeline only reliable option, says Quebec board

Quebec's energy regulator came out in favour of the Energy East pipeline on Wednesday, calling the TransCanada Corp. project "desirable."

The company is aiming to link up to 1.1-million barrels a day of Alberta crude to export terminals and refineries in Quebec and New Brunswick through the pipeline.

For about two-thirds of the way, an existing segment of natural-gas pipe would be converted to oil service, with new pipe to be built through Quebec and New Brunswick.

Reaction against the project has emerged on various issues, including the need to protect a beluga habitat in Quebec's St. Lawrence River, where plans to build one export terminal have been put on hold.

There are also concerns about the impact of the pipe conversion on gas consumers in Central Canada.

The Regie de l'energie estimates the demand for natural gas in Quebec will grow by about two per cent annually between now and 2030 and that the only reliable option is to buy gas from outside Quebec and bring it into the province via TransCanada's network.

It also stated that shale gas in Quebec and natural gas from Anticosti Island "cannot be considered reliable supply options ... notably because of issues related to economic viability, the environment and social acceptability."

The energy regulator did not look into the route of the pipeline or study the potential environmental consequences of the project.

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Halifax. Major house fire leaves 2 dead, 1 missing

Two people are dead and another person is unaccounted for as Halifax firefighters and police investigate a major blaze outside the city.

Halifax regional fire personnel were called to the home in the 5,000 block of Guysborough Road — near what is known locally as Wyses Corner — around 4:30 p.m. on Wednesday. As of 9:45 p.m., 10 fire trucks and 30 firefighters were still on scene battling the blaze, which is located about an hour outside of Halifax.

Fire spokesman Brendan Elliott confirmed that at least two people have died.

"We just haven't had a chance to go through the house in its entirety," he said. "Because of the safety and security of the building, they are still putting out hot spots."

RCMP spokeswoman Cpl. Karine Bernier says a third person remains unaccounted for.

Elliott said they were called about the fire by someone driving by the home.

He said the home has a metal roof which has made it a difficult one for them to tackle.

"We were still in a defensive mode an hour and a half into the fire," he said.

METRO/THE CANADIAN PRESS

Syrian refugees

10,000 promised asylum in Canada

A promise to 10,000 Syrian refugees that they will be able to find safe haven in Canada in the next three years needs to be backed up by a better asylum program to get them here, refugee groups and opposition politicians said Wednesday.

The Conservative government made the new commitment after months of pleading from refugee groups and Syrian Canadians for a drastic increase in the number of spaces.

THE CANADIAN PRESS

Oilsands use inconsistent with global warming battle: Report

An oilsands facility seen near Fort McMurray, Alta. A new study says most of Canada's oilsands will have to be left in the ground if the world gets serious about climate change. THE CANADIAN PRESS FILE

Study's conclusion. A third of world's oil reserves, half of gas reserves and 80 per cent of coal reserves should remain unused

British researchers have concluded that most of Canada's oilsands will have to be left in the ground if the world gets serious about climate change.

The report, in the journal Nature, says three-quarters of Canada's oil reserves and 85 per cent of its oilsands can't be burned if the world wants to limit global warming.

It adds one-quarter of Canada's natural gas reserves and four-fifths of its coal would also have to be left in the ground.

The report concludes that no country's Arctic energy resources can be developed if global temperature increases are to be kept manageable.

Report author Christophe McGlade of University College London says the research was undertaken in response to agreement from politicians around the world that global warming should be limited to within 2 C of historic averages. At the same time, said McGlade, most are enthusiastic boosters of their own country's fossil fuels.

"What this analysis shows is that those two positions are inconsistent," he said.

The study is the latest into the implications of the total amount of carbon emissions that can be released and still stay below a two-degree temperature increase.

THE CANADIAN PRESS

Quoted

"Every country can't exploit all of their domestic reserves and keep to two degrees."

Report author Christophe McGlade of University College London.

Cosby cheered at Kitchener show, amid protests

Bill Cosby was greeted with cheering and applause as he walked on stage Wednesday night in Kitchener, Ont., wearing a grey sweatshirt with the phrase "hello friend."

Cosby was set to stare down local opposition as he kicked off the first of three Ontario shows amid brewing tensions and mounting allegations of sexual assault.

"First of all, thank you," he said emphatically, before launching into jokes about the cold Canadian weather.

The comedian promised fans "the show of their life" ahead of his first time on stage since November, but a number of ticket holders announced plans to skip the performance, while others sought to sell their tickets. Nonetheless, a steady flow of ticket holders streamed into Kitchener's Centre In The Square, walking past a handful of protesters hoisting signs that read "rape is not a joke" and "I support the victims." Police officers were also present, as were a swarm of journalists.

At one point three protesters temporarily blocked the main doors into the venue while one woman heckled ticket holders, saying they should be "ashamed" of going to see Cosby.

In recent weeks, at least 18 women — including three who came forward in Los Angeles on Wednesday — have accused the 77-year-old Cosby of sexually assaulting them, with some allegations dating back decades.

Cosby is also scheduled to perform in London on Thursday and Hamilton on Friday, and protests are planned in both cities. THE CANADIAN PRESS

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Explosive-laden bus driven into academy

Yemen. Minibus was directed by driver into gathering of recruits outside police academy, killing at least 37

A suicide bomber rammed a minibus carrying explosives into a gathering of recruits outside a police academy in the heart of Yemen's capital on Wednesday, killing at least 37 people in the latest attack to hit Sanaa.

No one immediately claimed responsibility for the attack, but Yemen's local al-Qaida branch has carried out similar assaults in the past against the army and police in this impoverished Arabian Peninsula country, viewing them as U.S. proxies.

The U.S. provides counter-terrorism training and assistance to Yemeni forces, and frequently carries out drone strikes targeting al-Qaida militants in Yemen.

Escalating violence

Violence has soared in Yemen since the Houthis — a group of Shiite rebels — captured Sanaa and other nearby cities.

- **Challenging authority.** The group is demanding a greater share of power from President Abed Rabbo Mansour Hadi.
- **Al-Qaida.** The Houthis on occasion have clashed with the terror organization, leaving scores of people dead.

At the scene of the blast, the dead and wounded lay on a sidewalk against a wall. On the pavement, water sprayed by firefighters to extinguish the blaze from the explosion of the minibus mixed with pools of blood. A charred taxi cab smouldered near what remained of the minibus, metres from the gate of the police academy, which is located in a residential area.

The bomber struck as cadets were lined up outside the academy, preparing to enrol, witnesses said.

"It went off among all of them, and they flew through the air," said eyewitness Jamil al-Khaleedi.

Police Brig. Gen. Abdulaziz al-Qudsi said at least 37 people were killed and 66 wounded. Another official, speaking on condition of anonymity because he was not authorized to talk to media, said at least three civilians were among the dead.

Both the United Nations and the United States condemned the attack and expressed condolences to the victims and their families.

Tribal leaders and Yemeni officials have said the rising power of Shiite rebels known as Houthis, their advance into Sunni areas and the backlash over drone strikes has caused al-Qaida to surge in strength and find new recruits.

THE ASSOCIATED PRESS

Driver loses control of bus, killing at least 16 in India

A passenger bus veered off a road and fell into a gorge in southeastern India on Wednesday, and at least 13 of the 16 people killed were college and middle school students, police said.

More than 50 other people were injured in the crash near the town of Penukonda in Andhra Pradesh state, said Police Inspector G.R. Yadav.

The state-run public transport bus was carrying 68 people when the driver lost control of the vehicle, which then plunged into the gorge, he said.

Police and rescue workers climbed into the 12-metre-deep gorge and used ropes to pull out the mangled bus.

At least 13 college and middle school students were among those killed, said Police Superintendent S.V. Rajasekhar Babu. Their bags and books lay scattered at the accident site.

Bodies of the dead have been handed over to their families after autopsies were conducted, he said.

Police said the road was under repair and part of it was dug up, which may have forced the driver to move to the edge. The driver died in the accident.

People stand behind a police cordon near the wreckage of a bus that fell into a gorge in Penukonda, about 145 kilometres north of Bangalore, India, on Wednesday. The bus veered off a road, killing at least 16 people, most of whom were college and middle school students, police said.

AIJAZ RAHI/THE ASSOCIATED PRESS

Penukonda is about 2,000 kilometres south of New Delhi.

India has the world's deadliest roads, with more than 110,000 people killed annually. Most crashes are blamed on reckless driving, poorly maintained roads and aging vehicles.

THE ASSOCIATED PRESS

Thousands seeking shelter

A man overlooks the high waves of the Mediterranean Sea in Tel Aviv, Israel, on Wednesday as a heavy winter storm sweeps through the Middle East. The storm killed two Syrian refugees in Lebanon and forced thousands who have fled their country's civil war to huddle for warmth in tents in refugee camps. ODED BALILTY/THE ASSOCIATED PRESS

Texas

FBI identifies veterans' hospital gunman

A man who fatally shot a doctor at a Texas veterans' hospital before turning the gun on himself was a former clerk at the clinic who had threatened the victim in 2013, the FBI said Wednesday.

The FBI identified the gunman in Tuesday's shooting as Jerry Serrato. Officials did not provide a motive for the shooting.

THE ASSOCIATED PRESS

South Carolina

Police chief must be convicted: Prosecutor

The trial for the 2011 killing of an unarmed black man began Wednesday.

Prosecutor David Pascoe said Eutawville police chief Richard Combs must be convicted in the shooting death of Bernard Bailey. THE ASSOCIATED PRESS

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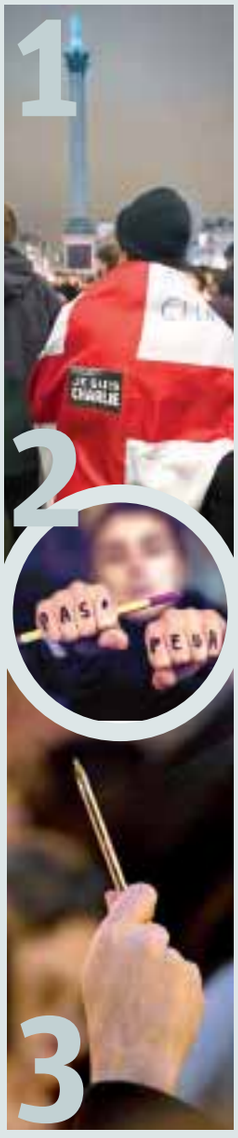
The reaction, in pictures



1 Je Suis Charlie.

A man wears a "Je Suis Charlie" sticker on his back in Trafalgar Square in London to show their respect for the 12 people killed in Paris on Wednesday.

AFP/GETTY IMAGES

2 Not afraid.

A woman holds up her hands bearing the words "Not afraid" in French during a gathering Wednesday in solidarity with the victims of a terror attack against French satirical newspaper Charlie Hebdo in Paris. THE ASSOCIATED PRESS

3 Mighty pen.

A person holds a pen, a symbol of liberty of press, as crowds gather at Place de la Republique during a vigil following the terrorist attack on Wednesday.

MARC PIASECKI/GETTY IMAGES

French officials ID suspects in deadly newspaper attack

Paris, France. Twelve people killed in attack on satirical newspaper Charlie Hebdo

Two heavily armed men in black, their faces hidden by ski masks, take down a police officer on a Paris sidewalk with a spray of bullets. One walks up to the victim, who is sprawled on the ground, and delivers a final shot to the officer's head despite the arm raised in a final plea for mercy.

The cold-blooded killing Wednesday came just after a massacre minutes earlier in the offices of the satirical French weekly Charlie Hebdo.

Eight journalists, two police, a maintenance worker and a visitor were killed, said prosecutor François Molins. He said 11 others were wounded — four of them seriously.

Suspect Cherif Kouachi

Suspect Said Kouachi

POLICE HANDOUT

The newspaper's editor and cartoonist Stéphane Charbonnier, widely known by his pen name Charb, was among those killed.

The killers were heard crying "Allahu akbar!" — Arabic for "God is great!" — and saying they were avenging the Prophet of Islam, a video shows.

Two officials identified the suspects as French brothers Said and Cherif Kouachi, in their early 30s, and 18-year-old Hamyd Mourad, whose nationality wasn't clear.

In a sombre address to the nation Wednesday, President François Hollande pledged to hunt down the killers, and pleaded with his compatriots to come together in a time of insecurity and suspicion.

"Let us unite, and we will win," he said. "Vive la France!"

Schools closed across Paris, although thousands jammed Republique Square near the site of the shooting, waving pens and papers reading "Je suis Charlie," meaning "I am Charlie." THE ASSOCIATED PRESS

People hug each other on Wednesday outside the French satirical newspaper Charlie Hebdo's office in Paris, France.

REMY DE LA MAUVINIERE/THE ASSOCIATED PRESS

Values threatened

"Canada and its allies will not be intimidated and will continue to stand firmly together against terrorists who would threaten the peace, freedom and democracy our countries so dearly value."

Prime Minister Stephen Harper

Paper's evocative style

Charlie Hebdo has a long history of provocation

The French newspaper Charlie Hebdo's staple is provocation — and it pokes fun at popes, presidents as well as the Prophet Muhammad.

The satirical weekly has a history of drawing outrage across the Muslim world with crude cartoons of Islam's holiest figure.

The magazine's offices were firebombed in November 2011 after it published a spoof issue that "invited" Muhammad to be its guest editor and put his caricature on the cover.

A year later, the magazine published more Muhammad drawings amid an uproar over an anti-Muslim film. The cartoons depicted Muhammad naked and in demeaning or pornographic poses.

As passions raged, the French government defended free speech even as it rebuked Charlie Hebdo for fanning tensions.

THE ASSOCIATED PRESS

Charlie Hebdo. Cartoonists commend evocative style

"I thought, 'Oh jeez, it's finally happened.'"

Wes Tyrell had gotten a late start in his studio when he began receiving messages and calls from friends in the cartoonist community about the massacre at the French satirical magazine Charlie Hebdo.

Tyrell, a cartoonist for Yahoo News and head of the Association of Canadian Editorial Cartoonists, has long been a fan of Charlie Hebdo. Not necessarily a fan of every cartoon, he makes sure to say, but of its provocative style and, especially, the courage of its staff to stand up to violence and threats.

Charlie Hebdo's cartoonists have always been as provocative as they could be, as provocative as cartoonists ever get, Tyrell said.

In one cartoon, for example, a naked Prophet Muhammad is bending over with a star over his anus and the text, in French, reads "A star is born."

The cartoonists have been "equal opportunity offenders" who lampooned not only Islam, but other religions as well along with French political figures, Tyrell said.

"They were very, very eager to go after just about anybody, but the difference being, not everybody out there is trying to kill them," he said.

Michael de Adder, a Canadian political cartoonist, questions if anyone will be willing to continue in Charlie Hebdo's footsteps.

"If they did, they'd certainly have a big target on themselves," he said. "It would be courageous to restart it."

JESSICA SMITH CROSS/METRO IN TORONTO

'We won't be fazed' by attack: French Embassy

The French Embassy in Canada says the gunmen who stormed the office of a satirical newspaper in Paris attacked freedom of speech, and staged an assault on French democracy as a whole.

But embassy spokesman Stephane Schorderet told Metro that although the terrorist attack has rocked France, it won't change the way people live and will only make the country stronger.

"We are touched in our hearts, but we won't be fazed by this attack," said Schorderet during a sit down at the French Embassy Wednesday. "I think this kind of attack is going to reinforce the will to stay a free country with a free right of expression."

Canada's Ambassador to France, Lawrence Cannon reacted on Twitter saying he was horrified by the attack and his thoughts were with the victims and their families.

Prime minister Stephen Harper issued a statement condemning the attack.

"I am angered and saddened to hear of the terrorist attack today in the offices of the Parisian news magazine Charlie Hebdo, which has killed at least 12 individuals, including two police officers," Harper's statement read.

Official opposition leader Thomas Mulcair held a press conference in which he condemned the attack. Liberal leader Justin Trudeau and Green Party leader Elizabeth May also issued statements decrying what happened and offering their sympathy.

Schorderet said the outpouring of support from Canadians has touched the embassy deeply.

TREVOR GREENWAY/METRO IN OTTAWA

Somber day

Flags at the French Embassy were at half-mast Wednesday and the mood was somber inside as embassy staff discussed the emerging details of the mass shooting.

VOICES

THE WAR AGAINST FREE PRESS

A dozen people lost their lives in Paris Wednesday over cartoons. Metro grieves with the rest of the world and reaffirms the importance of freedom of expression

FERNANDO CARNEIRO
readers@metronews.ca

I'm a lifelong fan of editorial cartoons. They have made me laugh, made me question my viewpoints and moved me deeply.

I have been sad and angry since seeing Twitter headlines about 12 people, mostly journalists, shot dead by extremists in France.

There's the horrific loss of life — the killing of people who worked every day to stimulate minds through their craft. Then there's the attempt at intimidation — the killers' effort to silence people who ask questions.

Asking questions is how we learn and evolve. This freedom must be defended.

I'm not just a fan of editorial cartoons, I'm a believer in what they represent.

Editorial cartoons aren't necessarily meant to be funny, although they can be; they are commentary. The cartoons being distributed around the world today are good examples.

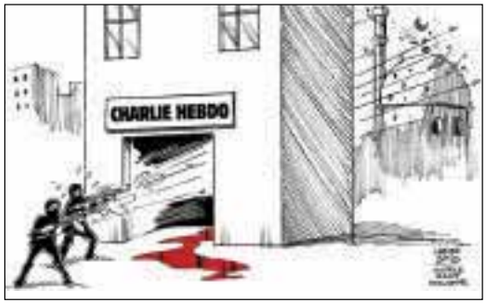
Of Wednesday's editorial cartoons, I was most affected by the one drawn by Carlos Latuff. It shows the gunmen firing at the offices of Charlie Hebdo, a trail of blood, and the bullets eventually going through the walls and hitting a mosque behind it.

I hope it doesn't happen, but I imagine innocent Muslims will now face a backlash.

If violence breeds violence, I'm certain that editorial cartoonists will continue to raise their pencils and take aim at that, too.

Fernando Carneiro is the National Deputy Editor of Metro English Canada.

Cartoonists around the world respond to shooting



Clockwise from top left: Michael De Adder, for Metro News Canada; Rafael Mantesso, Brazil; Loïc Sécheresse, France; Ruben L. Oppenheimer, The Netherlands; Carlos Latuff, Brazil.

Don't call attack 'barbaric': Prof

JOE LOFARO
readers@metronews.ca

A Carleton University professor says world leaders such as Prime Minister Stephen Harper should not describe the deadly attack on a Paris news magazine that killed 12 people Wednesday morning as a "barbaric" act.

Karim H. Karim, a professor at the university's School of Journalism and Communication, said when the word is used to condemn religiously motivated acts of violence, some religious groups interpret it to mean that they as a whole are barbaric.

Video footage of the attack appeared online showing a man wearing a hood carrying an assault rifle shoot and kill a police officer on a Paris sidewalk at point-blank range. Three attackers killed Charlie Hebdo's veteran cartoonists, editor and others at the magazine's office after recent publications of cartoons depicting Islamic figures in controversial ways.

Harper and French president François Hollande called the Paris attack "barbaric" in statements Thursday.

"I don't think it's being helpful to basically cast these words out. When leaders do this a lot of people are listening," said Karim in an interview with Metro.

"When 'barbaric' gets attached to them, these are the kind of stereotypes and images that are being built up. What is achieved by using rhetoric like that?"

Although the attack received praise by supporters of the militant Islamic State group, no specific group has immediately claimed responsibility for it.

Karim, a former journalist who teaches communications studies, denounced the attacks, calling them "heinous."

But he argued that using words such as "violent" and "cruel," would be more appropriate than "barbaric," which has a "moralistic tone which pits one civilization against another."

Karim did not say the media should outright ban the publication of the cartoons, but he said there needs to be a context justifying why they should be reproduced.

"I would not say never do this," he said.

"I think if we have very strong convictions and we are justified in what we feel we should be doing, then we should do it."

— with files from The Associated Press

metro

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Gossip

NED EHRBAR

METRO'S TAKE ON THE WORLD OF CELEBRITIES

Phylicia Rashad ALL PHOTOS GETTY IMAGES

Cosby's TV wife defends him and raises conspiracy theory

Phylicia Rashad, Bill Cosby's TV wife, has kept mum on the allegations of years of sexual assault plaguing the comedian.

But at the prodding of Showbiz 411's Roger Friedman, she's reconsidering her previous position about not wanting "to become part of the public debate."

So where does she stand? Firmly in Camp Cosby.

Of course, it's not enough for Rashad to just dismiss the accusations from the numerous women claiming Cosby abused them over the past few decades, she also has to suggest some sort of greater conspiracy going on.

"Forget these women. What you're seeing is the destruction of a legacy. And I think it's orchestrated," Rashad says. "Someone is determined to keep Bill Cosby off TV. And it's worked. All his contracts have been cancelled."

As for her old gig on The Cosby Show, Rashad says, "This show represented America to the outside world. This was the American family. And now you're seeing it being destroyed. Why?"

Maybe it's the Illuminati?

Aniston awash with fears after her near-fatal tricycle accident: Honest!

Jennifer Aniston is finally speaking out about a debilitating fear that has kept her from enjoying the thrill and adventure of scuba diving.

"I basically have a real fear of going underwater," she admitted during a recent post-screening Q&A for her film, Cake, according to E! News.

"I was a kid, and I was riding this tricycle around a swimming pool, and I drove my tricycle into the swimming pool, and I didn't let go and my brother tried to (help me). So I can't go underwater and no one will believe me. I honestly can't."

We're still deciding what colour ribbon should be worn to raise awareness and support for this terrible condition, but we'll keep you posted.

Jennifer Aniston

Church convinces Cruise to dig himself a giant hole

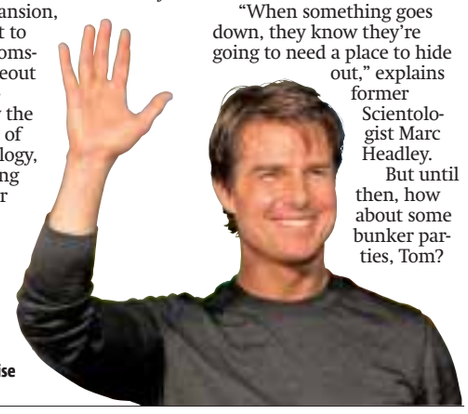
I thought it had been a while since we'd had a good "Tom Cruise does something crazy" story. Good news, there's a new one.

The Edge of Tomorrow star reportedly spent millions on an underground bunker beneath his Beverly Hills mansion, thought to be a doomsday hideout encouraged by the Church of Scientology, according to Radar Online.

The site got hold of permit documents filed with the City of Beverly Hills that show a massive amount of work excavating the bedrock under Cruise's tennis court to built a structure that includes a gym, laundry facilities and two bedrooms.

"When something goes down, they know they're going to need a place to hide out," explains former Scientologist Marc Headley.

But until then, how about some bunker parties, Tom?



Tom Cruise

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SHOPPERS DRUG MART

Leaping off the page and into the multiplex

Film adaptations. Put down your bookmarks and head to the movie theatre: A giant crop of novels is coming to the big screen this year

A selection from the clutch of notable page-turners set to hit big screens in the coming year, from literary thrillers to romantic and young adult fiction, classics to recent releases and everything in between.

The World Made Straight
Based on the book by Ron Rash

After the harrowing industrial tale Serena was turned into a film in 2014 (early 2015 for U.S. audiences), Rash's earlier 2006 novel of American historical fiction is expanded from an O. Henry Prize story. David Burris makes his debut as a feature film director with Jeremy Irvine of Steven Spielberg's War Horse as high school dropout Travis and Noah Wyle (Spielberg TV project Falling Skies) the ex-teacher with a sideline in drug dealing who takes him in. Has a Jan. 9 date in the U.S.

Mortdecai
Based on The Mortdecai Trilogy by Kyril Bonfiglioli

The Wodehouse-esque Charlie Mortdecai flits from page to moving picture, Johnny Depp playing the bumbling aristocratic charmer and inadvertent espionage agent tasked with the retrieval of a crucial piece of art on behalf of the British government. Gwyneth Paltrow, Ewan McGregor, Olivia Munn and Paul Bettany provide further comedic support with David Koepp (Ghost Town) directing. Arriving the week of Jan. 23 for cinemagoers in select countries.

Brooklyn
Based on the book by Colm Toibin

An increasingly influential figure in contemporary fiction over the last 20 years, Irish author Toibin is poised to make the transition to film as this acclaimed story of love, trust, and transatlantic choice finds its way to cinema screens courtesy of director John Crowley (Boy A), with its main roles inhabited by Saorise Ronan (The Grand Budapest Hotel), Star Wars Episode VII man Domhnall Gleeson, and Emory Cohen (The Place Beyond the Pines). A premiere at the Sundance Film Festival late January is expected to precede more general availability later in the year.

An adaptation tailor-made for sexy librarian types: Fifty Shades of Grey, starring Jamie Dornan and Dakota Johnson, is due out in February. CONTRIBUTED

Fifty Shades of Grey
Based on the book by E. L. James

Jamie Dornan (TV series The Fall) and Dakota Johnson (The Social Network) star opposite each other in an adaptation of the incendiary first volume of E.L. James' explicit Fifty Shades romance novels. Sam Taylor-Wood of John Lennon biopic Nowhere Boy directs from a Kelly Marcel script (Saving Mr. Banks).

The Divergent Series: Insurgent
Based on Insurgent by Veronica Roth

With Mockingjay — Part 2 looming, is there room for more than one female-led young adult fiction adaptation in the year? 2014's Divergent says yes, and for 2015's instalment, Shailene Woodley and Theo James continue their search for truth in a dystopian society. Like fellow young adult fiction film versions The Hunger Games, Harry Potter and Twilight, the series' third book will be split into two parts, arriving in March of 2016 and 2017 respectively. March 20, 2015, marks the week for Divergent trilogy fans to stake out local multiplexes.

Dark Places
Based on the book by Gillian Flynn

Now established as a major name in both fiction and film, Flynn's second adaptation comes hot on the heels of Gone Girl, again a murder mystery concerned with the fallibility of human witness. Starring roles for Charlize Theron, Christina Hendricks, Chloë Grace Moretz and Nicholas Hoult directed by award-winning Frenchman Gilles Paquet-Brenner. With Northern European releases already dated for March and April, an international roll-out in early 2015 remains within the realms of possibility.

Child 44
Based on the book by Tom Rob Smith

Smith's Man Booker long-listed thriller was inspired by the story of a real-life serial killer active over two decades and serves to explore life in the Soviet Union during the 1980s and '90s. Daniel Espinosa (Safe House) is bringing that to screen under the supervision of Ridley Scott, with Tom Hardy to menace in the main role with other cast members to include Noomi Rapace, Gary Oldman, Vincent Cassel, Paddy Considine, Fares Fares, Joel Kinnaman and Dev Patel. From the week of April 17.

Paper Towns
Based on the book by John Green

After the success of 2014's breakout teen romance The Fault in Our Stars, John Green's novels are ripe for cinematic adaptation, with the same production team returning for Paper Towns. Nat Wolff moves up on the billing to star as Quentin Jacobsen, under the spell of enigmatic, anarchic Margo (Cara Delevingne, Anna Karenina), while Sundance award winner Jake Schreier directs. A June 5 release is set for the U.S. with other territories following in July and August.

The Maze Runner: Scorch Trials
Based on The Scorch Trials by James Dashner

The second in Dashner's trilogy of futuristic dystopian survival adventures, which, in contrast to Insurgent and The Hunger Games, focuses primarily on male characters. Unafraid to alter elements of the original story for cinematic effect, the 2014 series starter led to a $340-million box office; Dylan O'Brian continues in his role as Thomas, whose group of young survivors are plunged into a second grand experiment intended to brink humanity back from the brink. International rollout begins the week of Sept. 18.

Victor Frankenstein
Based on Frankenstein by Mary Shelley

Having added theatrical performances and indie movie credentials to his resumé since the Harry Potter days, Daniel Radcliffe appears a sound choice for a film whose main role is not that of the eponymous scientist nor his monstrous invention but the hunched assistant Igor in this alternative retelling of Mary Shelley's classic horror novel. Max Landis of Chronicle fame provided the atypical screenplay for Paul McGuigan (Lucky Number Slevin) to direct. Theatrical showings start the week of Oct. 2.

The Jungle Book
Based on the book by Rudyard Kipling

The first of two major studio reworkings of the Rudyard Kipling stories, this Disney proposal favours a live-action interpretation with Iron Man 2 director Jon Favreau at the helm, newcomer Neel Sethi as Mowgli, and a host of Hollywood names in support including Bill Murray, Idris Elba, Lupita Nyong'o and Scarlett Johansson. Showings commence the week of Oct. 9.

Inferno
Based on the book by Dan Brown

Tom Hanks once again inhabits the shoes of curious academic Robert Langdon, enveloped as ever by conspiratorial plots, as he heads back to Italy for another adventure. Ron Howard remains in the director's chair, his name also attached to the March adaptation of Nathaniel Philbrick's In the Heart of the Sea (Chris Hemsworth, Cillian Murphy, Benjamin Walker). Due Oct. 15. AFP

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What's cool in winter trends

Looks. Chill nails and lips complement sleeker hair and smoky eyes this season

MARIANNE HAYES
Metro World News in New York City

Baby, it's cold outside, but that doesn't mean you can't be stylish. ISTOCK

Winter has officially arrived with its frigid temps. Translation: new beauty trends are upon us. Here to give you the rundown of what's trending this season is beauty blogger Angela Peters of Hairspray & Highheels. Read on for some of winter's hottest looks in hair, makeup and nails.

Hair: Polished looks and bizarre colouring

It looks like the tousled, messy hair of summer is officially behind us. Taking its place is a sleeker, more refined look that in some ways represents a return to basics.

"Everything is much more polished," says Peters. "Braids are really in, but they're tight — not the messy waterfall braids."

Subtle teasing is also guiding winter hairstyles. (Yes, teasing.) But rest easy: the '80s aren't making a comeback anytime soon. Instead, think high volume at the crown of the head, paired with super-straight hair.

"It's really about a lot of crown teasing so you're getting that lift," says Peters, who describes the trend as a throwback to the '60s.

Intentional silver locks are all the rage.

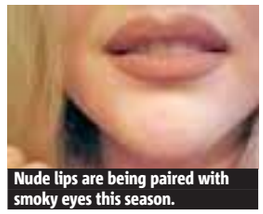
As for colour, perhaps the most eye-grabbing trend women are sporting this season is intentional grey. Everyone from Rihanna to Kelly Osbourne has gotten in on the silver locks.

Almond-shaped nails have replaced the short, straight-filed look.

Nails: Almond shaping and winter hues

Stars like Iggy Azalea and Rita Ora are really leading the charge when it comes to nail shaping. The truth is that longer, almond-shaped nails are rapidly replacing the shorter, straight-filed look. Mountain peak nails (a.k.a. stiletto nails) are also sweeping salons. The look is exactly what the name implies: Angular, pointy nails.

"Instead of a play on colours, the season is really going to be about nail shaping," says Peters.



Nude lips are being paired with smoky eyes this season.

"The almond shaping and mountain peak nails we're seeing really play toward that." When it comes to nail polish, don't expect to see any major departures from last winter — lots of dark purples, emerald greens, and deep, ruby reds.

Makeup: Nude lips and played-up eyes

Winter makeup this year is surprisingly subdued, which is a fresh change from the neon lips and graphic eyeliner we saw last season.

The trend is playing out in barely-there blush and understated lipstick.

"Kylie Jenner was actually kind of ahead of the trend with the shade she's been wearing," says Peters, who's referring to the matte, almost-nude lip shade Jenner has been rocking in full force lately.

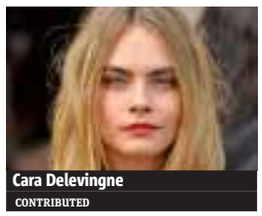
Both on the runway and off, Peters says that bright red lipstick isn't trending this season.

In addition to neutral tones, we'll also be seeing deeper reds that are more earthy and brown. Eye makeup is the only area that isn't being played down this winter. Instead, heavy-handed application reigns supreme.

"Shadows are very smoked out, bold and thick with dark liner," says Peters. "Also, mascara on both the upper and lower lashes is coming back — kind of a doe-eyed '60s look."

More than a model. Face of Topshop is an actress and magazine editor, too

Cara Delevingne is one busy model. In addition to being the face of multiple ad campaigns and walking in runway shows, she's starring in the movie adaption of the John Green book Paper Towns and just became a magazine editor. LOVE magazine just announced that Delevingne will be their contributing editor for the Spring/Summer issue and will be responsible for interviewing celebrities for the magazine. The model, who has been on the cover four times, will be the one asking the questions this time, a job LOVE editor-in-chief Katie Grand says she's more than qualified for: "She has proven herself to be a fearless interviewer, never afraid to ask all the questions we want to know the answers to," Grand says in a press release. Delevingne will also be the face of Topshop's Spring/Summer 2015 campaign, which launches Wednesday. Well, her 2015 is certainly starting off with a bang. METRO



Cara Delevingne
CONTRIBUTED

Trends Report

Less is more when it comes to nail art trends in 2015. Go online to Trends Report to find out why the negative space manicure is pegged to be the next big trend in nails this year.

- **Online.** metronews.ca/trends-report
- **Follow** Irene on Twitter @MetroIreneK and Instagram @kuanirene
- **Photo:** colourbox

Canadian street style

Name: Dani

Age: 27

Occupation: Training associate

What she's wearing
Mendocino hat, Cocogio sweater, vintage belt, Dolce Vita shoes and Rebecca Minkoff purse.

Her inspiration
"I like to dress how I feel, I like to keep it simple, classic and comfortable. In winter, I love playing with layers and get a lot of my inspiration from, of course, Pinterest."

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Kiss last year's trends goodbye, maybe

They were bright, shiny and exciting decor trends derived from design classics, but these five 2014 trends have lost their lustre for the year ahead. Overdone, they will be so 'last year,' but used sparingly in 2015, they can still work

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

You light up your life

You are not the star you had hoped to be, and for that you do not get to see your name (or any word, for that matter) in lights. How to use it: Just don't ... but if you must, LED Letter Marquee Sign, $23, BedBathBeyond.ca

Mirror, mirror

Stay away from overly manufactured mirrored anything. How to use it: Small, antiqued/smokey mirrored items add intrigue to a room. Zodax Vanilla Mercury Glass Jar Candle with Cloche, from $29, TheBay.com

Shaggy rug story

A nod to Nomad in 2014, shaggy rugs just look dirty now. How to use it: Small versions can be cute by a reading chair to add layered warmth and texture to a room. Rens Sheepskin, white, $40, Ikea.com

Fit to be tie-dyed

Now that we're thirsting for stronger hues, this faded glory can vanish. How to use it: An all-white bathroom can take a punchy ombré any day. Threshold Ombré Shower Curtain, $20, Target.ca

ALL PHOTOS: CONTRIBUTED

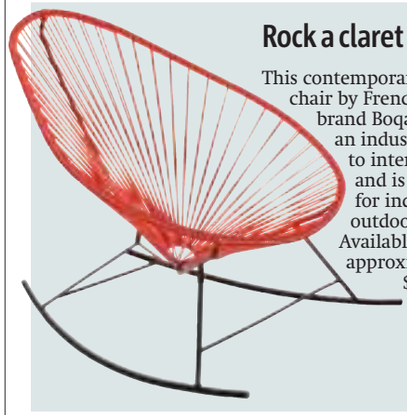
Zig-a-zag-ah

It's time to calm down the eye and say goodbye to chevron. How to use it: Tiny scale chevron can hold its own on bedding and towels. Chevron Sculpted Organic Bath Towels, from $15, PotteryBarn.ca

Have it made in the shade with Marsala

Wine-red hue Marsala is the official colour of 2015, according to Pantone, with the earthy and robust tone chosen for its plush elegance and stabilizing influence. If you don't have any burgundy shades in your home, then don't panic — a few accessories are all it takes to bring your interior spaces up to date in the New Year. Here are some of the best

AFP



Rock a claret

This contemporary rocking chair by French design brand Boqa will add an industrial edge to interior spaces and is adapted for indoor and outdoor use. Available for approximately $420.

PRESS LOFT

A bit of burgundy on the side

Created by artist and designer Arik Levy for Zanotta, this steel coffee table features an elegant glass top. Available for approximately $1,160.

ARIK LEVY/THE CONRAN SHOP

Make wine a throw

This hand-woven, naturally dyed throw by Purvaai is made from fair trade pure sheep's wool and features a herringbone weave. Available for approximately $215.

IN-SPACES

Rosy plate bloomer

These porcelain side plates from Habitat feature a delicate dahlia motif which will add just the right touch of Marsala seasoning to your kitchen. Available from approximately $5.50. HABITAT

Stripe it rich in rouge

Fashion designer Jean-Paul Gaultier's collection for French brand Lelievre includes this Breton-striped feather cushion in red and cream for a playful touch. Available for approximately $112. LELIEVRE/JEAN-PAUL GAULTIER

Basements require special treatment

New system can keep space warm and dry

When it comes to insulation, basements need special treatment. So a Manitoba insulation company has created a new system designed to meet the unique requirements of insulating basements.

Within a home, the basement presents unique challenges with moisture.

"Essentially, a basement is a hole in the ground with a wall of concrete poured around it," says Ted Cullen, vice-president of operations for Quik-Therm Insulation. "Basements are inherently cold, damp and dark, and, for the most part, they never dry out, so insulation that doesn't absorb moisture is extremely important in that area of the structure."

Typically, fibreglass insulation is used by builders above and below ground level, but in basements batt insulation can soak up and retain moisture, which creates the perfect breeding environment for mould.

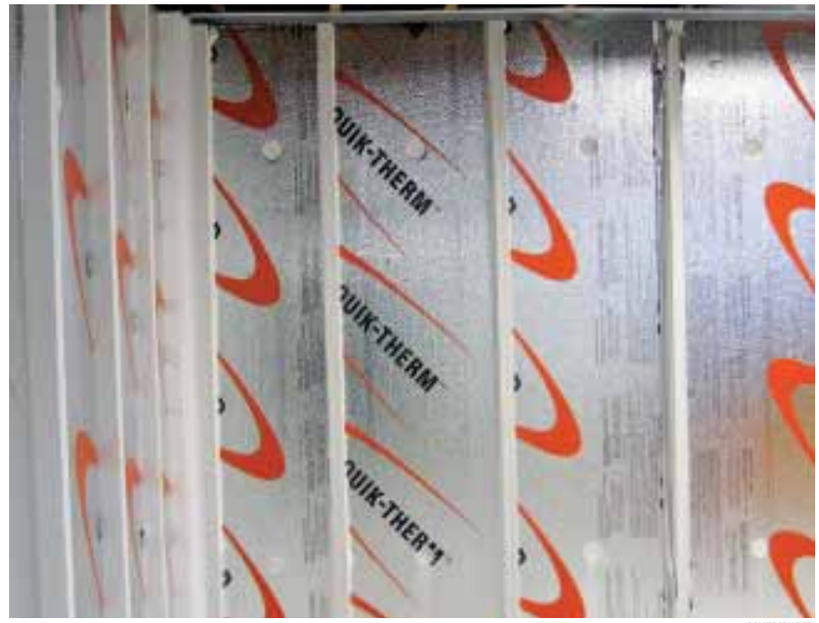
"If a basement has a damp musty smell, it likely contains mould," Cullen says.

Quik-Therm's interior basement and concrete insulation system (CIS) is a high-performance, high-efficiency system that comes in two - or three-inch thicknesses and eight- and 10-foot heights, easily trimmed to fit any size area. It's easy to install, fitting together in tongue and groove fashion with high-density foam studs.

"Per inch of thickness, there's no insulation system for basements that performs better or installs faster or easier," Cullen says.

SAFE FOR THE ENVIRONMENT

Quik-Therm CIS insulation panels are 95 per cent air and five per cent expanded polystyrene (EPS). The panels contain up to 15 per cent recycled EPS that will not absorb water or promote mould. CIS is formaldehyde free and does not emit ozone-depleting off-gases.



CONTRIBUTED

The panels have a mirror-like impervious finish that reflects radiant heat, keeping a basement warm, dry and safe.

"A basement wall that's been sealed with CIS feels warm to the touch, so you may not even need the heat ducts open in your basement," Cullen says. "And because the product does not absorb moisture, it minimizes damage and expense should the basement flood."

Find out more about Quik-Therm Insulation Solutions at the Kitchen, Bath and Renovation Show, Thursday to Sunday at the Winnipeg Convention Centre (booths 210 and 111) or visit quiktherm.com.

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FLOORS ARE MORE THAN JUST GOOD LOOKS

THE FLOOR SHOW CAN HELP WITH THE RIGHT FIT

Whether you are building, renovating or simply doing a little upgrade on a room or area of your home, start at the bottom to create a top look for your living space.

Choosing a flooring product is about more than just good looks. It bears the brunt of traffic and gets more wear and tear than anywhere else in your home. When it comes to selecting what goes under your feet, go for quality, says Paul Piltzmaker, sales manager, retail and builder division for The Floor Show.

"Our showroom carries medium to high-end products, from hardwood and tile to laminates and carpet. We have great partnerships to ensure that we exceed our customers' expectations. And we're constantly looking for the latest in flooring fashions and bring them to consumers in a stylish and economical way."

So what are the latest trends in flooring surfaces?

"Grey is the hot colour palette in everything, including hardwood, tile, carpet and laminate," Piltzmaker says.

CONTRIBUTED

"Earth tones are also very prevalent."

Generally, floor shades are not as dark as they were a few years ago, but the distressed look in flooring is still a popular choice.

Interestingly, a big trend is vinyl plank and vinyl tile (LVT).

"Today's vinyl products are thicker and more luxurious, designed to look like hardwood or tile," Piltzmaker says. "They're economical and easy to install and many don't even require adhesive."

LVTs are easy to maintain and far more resistant to moisture than laminate or hardwood, making them a good choice for homes or cottages.

Let The Floor Show experts help you make the best flooring choices for your home. Visit The Floor Show showroom at 1042 Waverley St. or visit thefloorshow.ca.

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The Floor Show in southwest Winnipeg has a team of in-house sales and design specialists who can help you select the right flooring for your needs. The Floor Show also has a specialist who will come to your home to measure and check for any issues ahead of installation. And the store stands by its products and installation.

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Cookbook of the Week

A most comforting taste of home

Award-winning cookbook author Ken Haedrich teams up with editors of the Old Farmer's Almanac to serve up more than 200 recipes in their book Comfort Food

Not only does the book feature classic favourites, it also offers helpful kitchen tips, food facts and more.

For a taste of home that satisfies the appetite, check out chapters such as Appetizers, Main Dishes, Pizzas and Savoury Pies, Breads, Vegetables, Soups, Stews and Chilis, and more.

Among Comfort Food recipes are Bacon Cheddar Burgers, Braised Chicken Thighs, Super Creamy Mac and Cheese, Potato and Onion Pizza, and Brownie Pie. METRO

Stuffing-Breaded Pork Chops with Pan Gravy.

If you can't stand the cold, get into the kitchen, and make this

"Dry stuffing mix makes a fine pork chop coating," write Ken Haedrich and the Old Farmer's Almanac editors in their aptly titled book Comfort Food

For chops

1. Preheat the oven to 400 F. Line a rimmed baking sheet with foil and put it into the oven to heat.

2. Put the stuffing mix into a food processor and pulse repeatedly, until the stuffing is finely ground. Transfer to a large plate.

3. Put the beaten egg mixture into a shallow bowl (large enough to contain a chop) and set aside.

4. Pat the pork chops dry with paper towels. Lightly salt and pepper the chops on both sides and dust lightly with onion powder and garlic powder.

5. Heat a large skillet over medium heat. Add the olive oil to the skillet. (The pan should be hot, but not hot enough to burn the coating on the chops.) Working with one chop at a time, dip both sides into the egg mixture and then into the stuffing crumbs, coating it heavily. Fry the chops for 2-1/2 minutes on each side, turning once. Transfer the chops to the hot baking sheet and bake for 10 to 15 minutes, or until the internal temperature is 145 F. Remove from the oven and rest for 3 minutes.

For gravy

1. Melt the butter in the same skillet over medium heat, add the onion, and cook for 2 minutes, stirring. Add the flour and cook for 1 minute, stirring. Add the chicken stock and whisk to blend. Simmer until the gravy thickens. Add the milk, whisk to blend, and simmer for 1 to 2 minutes more, adding salt and pepper, to taste. Serve the chops with the gravy on the side.

RECIPES FROM COMFORT FOOD BY KEN HAEDRICH AND THE OLD FARMER'S ALMANAC EDITORS.

Ingredients

Chops
- 1-1/2 cups dry stuffing mix
- 1 egg beaten with 2 tbsp milk
- 4 pork chops (about 3/4-inch thick)
- Salt and freshly ground black pepper to taste
- Onion powder, to taste
- Garlic powder, to taste
- 3 tbsp olive oil

Gravy
- 2 tbsp (1/4 stick) butter
- 1/4 cup minced onion
- 4 tsp all-purpose flour
- 1 cup chicken stock
- 1/3 cup milk or half-and-half
- Salt and freshly ground black pepper, to taste

This recipe serves four. BECKY LUIGART-STAYNER

This recipe serves four people. BECKY LUIGART-STAYNER

Lunch or dinner. Tex-Mex Cobb Salad

1. For dressing: Combine all of the ingredients in a small bowl and stir to blend. To thin, add pickle juice or water, 1/2 teaspoon at a time. Stir. To thicken, add 1 to 2 tablespoons of sour cream. Stir. Cover and refrigerate.

2. On a large platter, arrange the lettuce in a single row down the centre. Arrange the chicken, eggs, tomatoes, avocados, corn, and black beans in rows on each side. (If using a round platter, pile the lettuce in the centre and arrange the other ingredients in concentric circles around it.) Top with the cheese, olives, and bacon, if using. Serve the dressing on the side.

Ingredients

Barbecue Ranch Dressing
- 1-1/4 cups thick ranch dressing
- 1-1/2 tbsp mild barbecue sauce
- 1/4 cup chopped dill pickle
- 3 tbsp minced pickled jalapeño slices
- 2 tbsp chopped Italian parsley
- sour cream, as needed

Salad
- 1/2 head iceberg lettuce, coarsely chopped
- 3 to 4 cups bite-size pieces cooked chicken
- 4 to 5 hard-boiled eggs, sliced
- 3 medium tomatoes, cut into 6 to 8 wedges each
- 1 or 2 ripe avocados, peeled, pitted, and diced
- 2 cups corn kernels, cooked, drained, and blotted dry
- 1 can (16 oz) black beans, drained and rinsed
- 1 to 2 cups finely diced pepper jack or Monterey Jack cheese
- 1/2 cup halved black olives
- Several slices crisp-cooked bacon, crumbled (optional)
- 2 cups Barbecue Ranch Dressing

For your phone

Jamie Oliver's Recipes (iPhone/iPad; free/subscription)

MIND THE APP
Kris Abel
@RealKrisAbel
life@metronews.ca

Completely redesigned to offer swipe-able recipe collections, instant shopping lists, helpful dietary tags, and new meals promised every Monday, Jamie Oliver's Recipes remains among the very best of video-guided cooking apps.

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GM's time to put stamp on Jets is now

THE HOCKEY NEWS
Ronnie Shuker
winnipeg@metronews.ca

Hockey News columnist Ronnie Shuker challenges Jets fans to demand more from general manager Kevin Cheveldayoff, pictured. GETTY IMAGES FILE

The question has to be asked.

What, exactly, has Kevin Cheveldayoff done for the Winnipeg Jets?

The players are doing their part, but they must be wondering when their general manager, and the rest of the suits upstairs, will step up and bring in the reinforcements this team needs just to make the playoffs, much less make some noise in them. As it stands now, the Jets will make no more than a whimper even if they do make the post-season.

Check out the core. It has Atlanta Thrashers written all over it: Zach Bogosian, Dustin Byfuglien, Tobias Enstrom, Evander Kane, Andrew Ladd, Bryan Little, Ondrej Pavelec, Blake Wheeler — all of them are holdovers from the franchise's previous location.

On the current roster, Cheveldayoff can take credit for drafting Mark Scheifele, Jacob Trouba and Adam Lowry and adding spare parts like Mathieu Perreault, Michael Frolik, Adam Pardy and Jay Harrison. The most impactful move he's made so far has been the low-risk signing of Michael Hutchinson as a free agent to a one-year, two-way contract in the summer of 2013.

So with Winnipeg almost halfway through the season and clinging to a playoff spot, isn't it time for management to show more than just patience? Cheveldayoff has been riding the drafts of Don Waddell and Rick Dudley, the Thrashers' previous GMs before the franchise relocated north. Now would be a good time to put his stamp on the team.

And the Jets have chips to play with: first-rounders Josh Morrissey (2013) and Nikolaj Ehlers (2014); second-rounders Nic Petan and Eric Comrie (both 2013); and, of course, their first-round picks in 2015 and 2016.

Winnipeg might be tempted to deal Evander Kane, but the Jets are 15-5-6 with Kane in the lineup and just 5-8-1 when he isn't, so he's far more valuable to the team than his poor production this season (six goals, 15 points) suggests. Besides, Cheveldayoff needs to add to the roster, not subtract.

All this said, it's unlikely that Cheveldayoff will make a major move. He knows the Jets can placate their fans with a bottom-two playoff spot, or even by just staying in the race into April, after missing the post-season in their first three seasons. But don't be duped, Jets fans. Cheveldayoff has about $5 million in cap space to play with and prospects to deal. It just depends on whether he has the moxie to make a move.

By the numbers

51.4%

Evander Kane is tied for 12th on the Jets with a Fenwick for rating of 51.4 per cent.

Muhammad Ali

Boxing legend returns home from hospital stay

Muhammad Ali is home after being hospitalized with a severe urinary tract infection.

The three-time world heavyweight champion was released from an undisclosed hospital Tuesday night, family spokesman Bob Gunnell said Wednesday. Ali is back home and looking forward to celebrating his 73rd birthday on Jan. 17 with his family and friends, Gunnell said.

"He's in great spirits and enjoying being back home," Gunnell said. "He's back in his daily routine."

Ali has had Parkinson's disease for years.

Ali was hospitalized Dec. 20 with what was initially believed to be a mild case of pneumonia. Doctors later determined Ali had a severe urinary tract infection and not pneumonia, Gunnell said.

THE ASSOCIATED PRESS

CFL

League names finalists for coach-of-the-year award

John Hufnagel, who guided the Calgary Stampeders to the CFL's best regular-season record and a Grey Cup title, was named a finalist for the CFL's coach-of-the-year honour Wednesday.

Tom Higgins of the Montreal Alouettes and Chris Jones of the Edmonton Eskimos are the other finalists. The award winner will receive the Annis Stukus Trophy on Jan. 21 in Winnipeg.

THE CANADIAN PRESS

Glitzy Continental Cup brings golden names to Calgary

Canadian Olympic gold medallist Jennifer Jones practises on Wednesday in Calgary. THE CANADIAN PRESS

After the showgirls and the Thunder From Down Under, what's next for the Continental Cup of Curling?

What's been dubbed "the Ryder Cup of curling" was held in Las Vegas a year ago.

Bagpipes played as curlers walked through a casino. Muscular bare-chested dancers from an all-male revue led them onto the playing surface holding placards of the team names. Bikini-clad showgirls held up scores for shots in the skills competition.

The World Financial Group Continental Cup has returned to Canada where it was held its first nine years before the getaway to Vegas. The four-day competition of team, mixed doubles, hot-shots and skins games starts Thursday at the 3,000-seat Markin MacPhail Centre at Canada Olympic Park.

The Continental Cup may be back in Canada, but experimentation with it is far from over.

The Canadian Curling Association has taken over complete control of the event. Team Europe will face Team Canada, not Team North America, in Calgary.

Medal militia

Every team who stood on the Olympic podium in Sochi, Russia, last year will be in Calgary.

A total of 60 points are available, so the side that earns more than 30 points by Sunday is the champion.

Olympic champions Jennifer Jones of Winnipeg and Brad Jacobs of Sault Ste. Marie, Ont., lead a Canadian contingent including teams skipped by world silver medallist Rachel Homan of Ottawa, Calgary's John Morris, Winnipeg's Mike McEwen and Edmonton's Val Sweeting. Canadians and Americans previously joined forces under a Team North America banner, but the tournament's backers have shifted priorities.

According to a World Curling Federation report, the world governing body decided after spending about $2 million on team costs, prize money and "share of losses" over the first decade of the Continental Cup, it no longer wanted to be involved. THE CANADIAN PRESS

AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.

metro AR

→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries
March 21 - April 20
Make a conscious effort to look at the bigger picture. If you don't, you could miss something important with the potential to make you rich.

♉ Taurus
April 21 - May 21
Neptune, planet of deception, warns you need to treat what you hear today with the utmost suspicion. Someone is trying to put ideas in your head that do not belong there.

♊ Gemini
May 22 - June 21
You will find yourself in a heated discussion and no way are you going to back down. Why should you when you know that you are right?

♋ Cancer
June 22 - July 23
Start planning your next major career move. The planets indicate that you know what you want and you know how to get it, so move fast and impress people in positions of authority.

♌ Leo
July 24 - Aug. 23
If you argue with someone over a contentious issue today, stick to the facts. If you try to bend the truth they will find out and it will ruin your case.

♍ Virgo
Aug. 24 - Sept. 23
The news you receive over the next 24 hours could be good or it could be bad — it depends entirely on how you choose to look at it. Do you see the glass as half full or half empty?

♎ Libra
Sept. 24 - Oct. 23
Whatever disagreements you may have had with loved ones in recent weeks you can iron them out now. Let it be known you don't hold a grudge.

♏ Scorpio
Oct. 24 - Nov. 22
You need to streamline your working routine. Decide how much you can comfortably cope with and simply refuse to take on anything more than that.

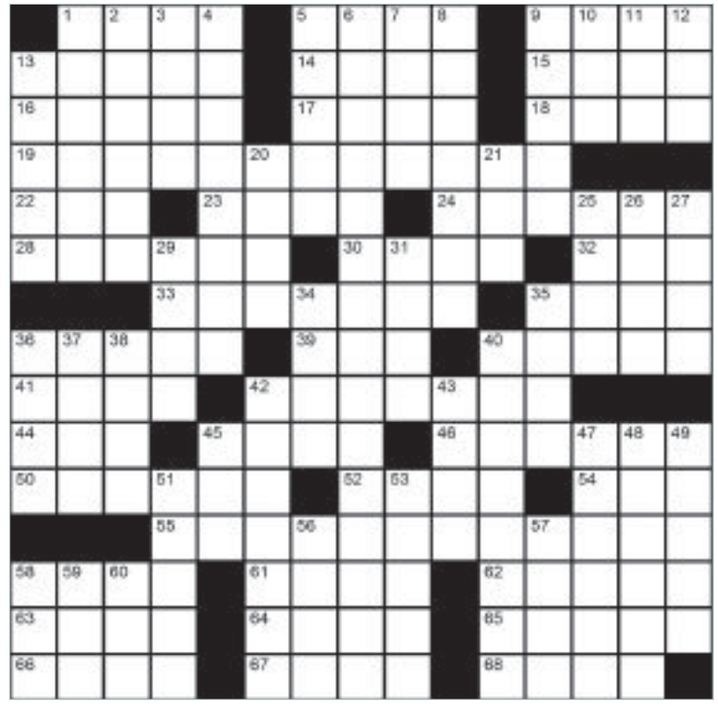
♐ Sagittarius
Nov. 23 - Dec. 21
According to the planets you will be making important decisions over the next 24 hours. The most important thing is that you make it clear to everyone that these decisions are not open to discussion.

♑ Capricorn
Dec. 22 - Jan. 20
For some reason you appear to believe that everyone thinks and feels the same as you but what occurs over the next day or two will put you right.

♒ Aquarius
Jan. 21 - Feb. 19
Today's Mercury-Neptune link warns you need to be careful with money, so keep your cash in your pocket no matter how much others insist this is the ideal time to spend.

♓ Pisces
Feb. 20 - March 20
You won't hesitate to speak your mind today – and quite right too. The one thing you can't stand is injustice and you won't turn a blind eye to it.

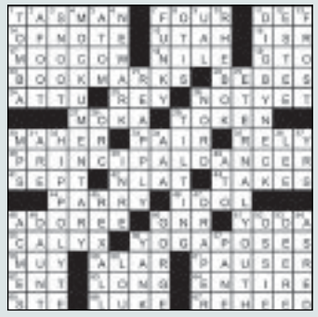
Crossword: Canada Across and Down by Kelly Ann Buchanan



Across
1. Filing cabinet abbr.
5. "The __ Silvers Show" (army sitcom)
9. Sumo __ (Canadian band in which Skye Sweetnam is lead singer)
13. Ritchie Valens hit
14. Vitality
15. "__ Flux" (2005)
16. Year's historic record
17. Excited
18. Confine
19. Performer who can sing, dance and act: 2 wds.
22. Many a moon
23. An airport like Toronto's Pearson, briefly
24. Montreal neighbourhood, Cote-des-__
28. Extent
30. Approx. take-offs
32. Tony Orlando's tree
33. Reaches the destination
35. Pro's foe
36. Mr. Savard, Montreal-born Hockey Hall of Famer
39. Afternoon social
40. Excruciating emotion
41. Carbamide
42. Matthew of Muse
44. Storage container
45. Gwen Stefani's f.a.s.h.i.o.n. l.i.n.e.
46. Icons
50. Trendy travellers
52. Fix up once more
54. Jazz musician, __ Dara
55. What police wear during riots: 2 wds.
58. Dawn love song
61. NBC chat personality Ms. Kotb
62. Really raging
63. Blunder
64. Bldg. planner
65 Electroshock-er
66. "I __ __ the opinion that..."
67. Sesame or poppy
68. 911 respondents

Down
1. "Niagara" (1953) actress Marilyn
2. Particular period of play
3. Cinch
4. Pointe-a-__ Museum (Archaeology/history attraction in Old Montreal)
5. American actor Oliver born in Windsor, Ontario
6. Edmonton's 2,550 foot long landmark that spans the North Saskatchewan River: 3 wds.
7. "_, __ one, think that..."
8. Brad Pitt movie, "__ of the Fall" (1994)
9. Arid region growers
10. Approver's reply
11. Wheel part
12. Nine-minus-eight's sum
13. Saw romantically
20. Vitality [abbr.]
21. Bronze Roman money
25. Prop on Chuck Barris' old show
26. Ingests food
27. Funny bit
29. Sitar song
31. Greenish-blue
34. Any thing
35. "Buffy the Vampire Slayer" character
36. Topic, tiny-ly
37. Fort __, Ontario
38. Landlord's collection
40. Organic gemstone found in southern Alberta
42. Heaps
43. Verdi opera
45. Singer Ms. Salonga
47. Travel from British Columbia through to Nova Scotia: 2 wds.
48. Makes happy
49. Less uncertain
51. Office meeting attendees
53. Internet greeting
56. Singing quality
57. Singer Mr. Parsons (b.1946 - d.1973)
58. Classic range cooker company
59. Actor, Herbert __
60. "Surprise!"

Yesterday's Crossword

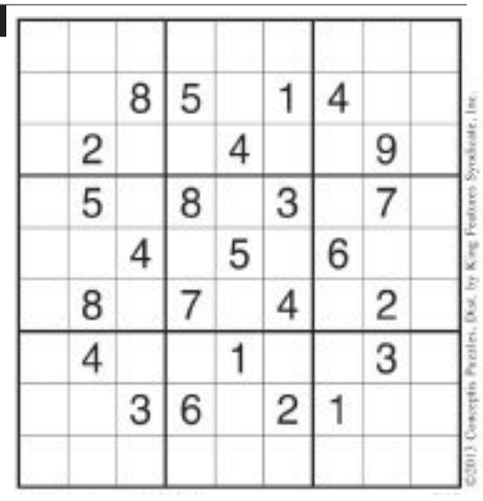


Online

See today's answers at metronews.ca/answers

Conceptis Sudoku by Dave Green

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



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Yesterday's Sudoku

5	2	9	3	1	6	7	8	4
6	4	8	9	2	7	3	1	5
3	1	7	5	8	4	6	9	2
9	5	1	2	4	3	8	6	7
7	8	2	6	5	9	1	4	3
4	6	3	8	7	1	5	2	9
1	7	5	4	9	8	2	3	6
8	3	4	7	6	2	9	5	1
2	9	6	1	3	5	4	7	8

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